

Sports Clinics

Overview

This strategy is usually done on a Saturday morning during the school year or mid-morning and early afternoon during summer time. Simply put, younger kids are taught the basics of the sport by high school athletes under the direct supervision of the coaching staff. If there are times of competition, the kids are coached by the athletes. Very rarely are scores kept.

The kids get to develop a relationship with younger children and they see the influence they have on these kids. It makes them more accountable for the own behavior and choices they make in their own lives. It also helps put "play" back into sports since we don't keep score.

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"To" Strategies		"Through" Strategies
2nd Dimension		
Motivation		✓
Confidence		✓
Emotions		
Team Cohesion		
Goal Setting		
3rd Dimension		
Identity		
Character		
Significance		
Self-Worth		
Values		
Purpose		✓

*Because many 3D strategies have multiple level 2 & 3 implications, these checkmarks do not likely display their full scope of impact. We have tried to limit the number of checkmarks to the most obvious applications to make the planning process easier.

When will this strategy be executed?

☐ Pre-Season ☐ In-Season ☐ Post-Season ☐ Off-Season

Notes: